



**Robert Frost  
Middle School  
2008 Spring  
Club Sign-Up Packet**

**After-school Activities Coordinator:  
Kofi Frempong (301-279-3949)**

**EXTRACURRICULAR ACTIVITIES**

## Spring 2008

- Notes:**
- \* To participate in any activity taking place after school, **the \$30.00 extracurricular activities fee must be sent to the "MCPS central office."**  
**DO NOT MAKE CHECKS OUT TO ROBERT FROST.**  
(Fee forms can be obtained in the main office.)
  - \* In order to remain in any after school activity students must maintain a 2.0 grade point average (GPA) with the exception of these clubs:
    - Homework Club
    - Lutheran Home Tutoring
    - Wootton Tutoring
    - Computer Works: Reading/Writing/Math
  - \* Students will be assigned to clubs on a first-come-first-served basis, and some only have limited space, so students should sign up quickly to get the clubs they want!
  - \* Students who stay after school must be under adult supervision by 2:50 pm until 4pm.
  - \* Spring Clubs will begin Tuesday, February 5th and end Thursday May 22<sup>nd</sup>.

### Spring After School Activities

#### **ART CLUB**

Open to all grades for general art activities and independent projects. Students will practice basic drawing, painting, and sculpture principles by creating their own projects. A minimum materials fee may be required.

Sessions: Tuesdays                      LIMIT: 25 students  
Location: Room 113  
Sponsor: Mrs. Polimadei

#### **BLACK SAGA CLUB**

Students are prepared in facts on African American history for competition against other schools both in the county and state.

Sessions: Thursdays  
Location: Room 202  
Sponsor: Mrs. Johnson

#### **GAMES CLUB**

Students will have the opportunity to meet others and participate in a variety of board games such as chess, checkers, Monopoly, and others. Students may also bring in their own games to share.

Sessions: Thursdays                      LIMIT: 25 students  
Location: Room 112  
Sponsor: Mr. Scribner

#### **COMPUTER WORKS: READING/WRITING/MATH**

Students can improve their reading fluency, math skills or strengthen their writing skills through the use of computer software.

Sessions: Thursdays  
Location: Computer Lab - Room 213  
Sponsors: Mr. Whang

**CRAFTS CLUB**

Students will create a variety of projects with beads, clay, fabric, paper and paints. Mid-year supply fee is \$2.50 payable to Robert Frost.

Sessions: Wednesdays  
Location: Room 101  
Sponsor: Mrs. Morrow

**FANTASY SPORTS CLUB**

Students act as general managers as they draft, trade, and keep statistics on their very own football and basketball teams.

Sessions: Tuesdays  
Location: Computer Lab - Room 254      LIMIT: 24 students  
Sponsor: Mr. Reddington

**FITNESS CLUB**

The Fitness Club is for students who want to fulfill fitness goals. Students may want to increase their endurance, build muscle, or lose weight. Activities will include running, stationary bike, light weightlifting, stretching, and various exercises.

Sessions: Wednesdays  
Location: Auxiliary Gym 2  
Sponsor: Mr. Whang

**INTERNATIONAL CLUB**

Students will help plan activities to foster awareness and appreciation of the many cultures that make up Frost. They will also work on preparations for International Night taking place in May.

Sessions: First Thursday of each month  
Location: Room 114  
Sponsor: Mrs. Morrow

**SCI-FI MOVIE CLUB**

We will be viewing several science fiction/disaster movies, including "Twister", "Dante's Peak" and "Deep Impact" among others, and discussing how accurately the films depict scientific phenomena. Many of the films are rated PG-13, so a parent permission form will be required in order to be a member of the club.

Sessions: Thursdays  
Location: Room 154  
Sponsor: Mr. Leatherman

**STEP TEAM**

Students will learn and create choreographed dance steps.

Sessions: Tuesdays  
Location: Auxiliary Gym 2  
Sponsor: Mr. Whang

**WEB PAGE DESIGN CLUB**

Students will learn how to develop and maintain personal web pages to showcase their interests and hobbies. Students will also learn how to create web pages for interested teachers. This club is limited to the first 15 students who sign up. Students who participated in fall may not participate in spring.

Sessions: Tuesdays  
Location: Room 111  
Sponsor: Ms. Uza

LIMIT: 15 students

**INTRAMURAL SPORTS**

Intramural sports are offered to students after school on Tuesdays, Wednesdays, and Thursdays. A variety of athletic activities are planned including field hockey, track and basketball. See Mrs. Nechanicky for a schedule of activities and grade levels.

## **“OPEN DOOR” ACTIVITIES**

**These programs do not require a sign up in order to attend.  
The tutoring programs also do not require a 2.0 GPA in order to attend**

### **LUTHERAN HOME TUTORING**

Members of the National Lutheran Home visit Frost after school on the 1<sup>st</sup>, 3<sup>rd</sup> and 4<sup>th</sup> Tuesdays of the month to assist our students with homework (the 2<sup>nd</sup> Tuesday of the month is an opportunity for our students to visit the assisted-living residents of the National Lutheran Home, though this visit is separate from the Lutheran Home Tutoring program).

Sessions: Tuesdays  
Location: Rooms 203  
Sponsor: Mr. Gregory

### **WOOTTON TUTORING**

Do you need help with homework? Wootton High School students tutor Frost students giving them the guidance and encouragement needed to complete their assignments.

Sessions: Thursdays  
Location: Media Center  
Sponsor: Ms. Gilger

### **HOMEWORK CLUB**

Do you need a quiet place to do homework? Do you sometimes need help with questions? Do you need to "catch up" on work occasionally? If you answered, "YES," to any of the questions, then Homework Club is designed for you!

Sessions: Wednesdays  
Location: Room 111  
Sponsor: Ms. Uza

**APPLICATION FOR AFTER-SCHOOL CLUB PARTICIPATION  
Spring 2008**

**\*See your P.E. teacher for a separate application for Intramurals.\***

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_ Grade: \_\_\_\_\_

Please rank your top 5 choices of clubs:(1=1st choice, 2=2nd choice, etc.)

- |  |                                     |
|--|-------------------------------------|
| ___ Art Club.....                              | Tuesday                             |
| ___ Web Page Design.....                       | Tuesday                             |
| ___ Fantasy Sports Club.....                   | Tuesday                             |
| ___ Eco Club.....                              | Tuesday                             |
| ___ Crafts Club.....                           | Wednesday                           |
| ___ Science Club.....                          | Wednesday                           |
| ___ Homework Club.....                         | Wednesday                           |
| ___ Fitness Club.....                          | Wednesday                           |
| ___ Stock Market Club .....                    | Wednesday                           |
| ___ Sci-Fi Movie Club.....                     | Thursday                            |
| ___ Wootton Tutoring .....                     | Thursday                            |
| ___ Black Saga Club.....                       | Thursday                            |
| ___ Games Club.....                            | Thursday                            |
| ___ International Club.....                    | Thursday (1 <sup>st</sup> of month) |
| ___ Computer Works: Reading/Writing/Math ..... | Thursday                            |

I give permission for my child to participate in the above activities. I understand that I will be responsible for providing transportation unless my child can ride the activity bus. **The activity bus transports students to the Willows, Dufief, Rio, and Travilah areas only. The bus leaves Frost at 4:15 P.M. on Tuesday, Wednesday, and Thursday.**

The activity bus stops are:

- |                               |                 |                    |
|-------------------------------|-----------------|--------------------|
| - Willows                     | - Treworthy     | - Dufief Mill Road |
| - Flints Grove Road           | - Rio Boulevard | - Dufief Drive     |
| - River Road                  | - Travilah Road |                    |
| - Coral Gable & Frances Green |                 |                    |

PARENT SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

**RETURN THIS APPLICATION TO THE MAIN OFFICE BY JANUARY 31<sup>ST</sup>.  
CLUBS ARE SUBJECT TO AVAILABILITY.  
SEE MR. FREMPONG OR YOUR CLUB SPONSOR WITH QUESTIONS!**